

Welcoming the Lord

Immediately before coming forward to receive the Lord in Holy Communion, we welcome the Lord by saying:

Lord, I am not worthy to receive you,
but only say the word and I shall be healed.

The new Roman Missal, Advent 2011

We will say:

Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

This prayer quotes the words of the centurion who asked Jesus to cure his servant. He would not presume to ask Jesus to come to his home. He trusted in the authority of Jesus' healing word, saying: "Lord, I am not worthy to have you enter under my roof; only say the word and my servant will be healed" (Mt 8:8; see Lk 7:6-7). The new phrasing reminds us that, in receiving Holy Communion, we are to emulate the centurion's humility and faith.



Information taken partially from United States Conference of Catholic Bishops
For more information, please visit www.usccb.org/romanmissal.

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